



# Welcome to Heartline Massage Therapy

Confidential Patient History

Name \_\_\_\_\_ Phone (cell) \_\_\_\_\_ - \_\_\_\_\_ (work) \_\_\_\_\_ - \_\_\_\_\_

Nickname/preferred first name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ email \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Hobbies/Sports \_\_\_\_\_

Have you ever received massage/bodywork before? \_\_\_\_\_ How often? \_\_\_\_\_

Referred by \_\_\_\_\_

Please list any prescription drugs you are currently taking and the purpose of these:

\_\_\_\_\_  
\_\_\_\_\_

Are you currently under the care of a medical doctor, chiropractor, or other health care provider? \_\_\_\_\_  
If so, please explain why: \_\_\_\_\_

\_\_\_\_\_

Do you have a history of any of the following? (please check all that apply)

- |   |   |   |                                    |
|---|---|---|------------------------------------|
| <input type="checkbox"/> high blood pressure      | <input type="checkbox"/> muscle sprain/strain | <input type="checkbox"/> blood clots    |                                    |
| <input type="checkbox"/> low blood pressure       | <input type="checkbox"/> stroke               | <input type="checkbox"/> heart attack   |                                    |
| <input type="checkbox"/> neck pain                | <input type="checkbox"/> headaches            | <input type="checkbox"/> arthritis      | <input type="checkbox"/> back pain |
| <input type="checkbox"/> fibromyalgia             | <input type="checkbox"/> surgery              | <input type="checkbox"/> diabetes       | <input type="checkbox"/> cancer    |
| <input type="checkbox"/> car accident             | <input type="checkbox"/> varicose veins       | <input type="checkbox"/> bursitis       | <input type="checkbox"/> HIV/AIDS  |
| <input type="checkbox"/> allergies to oils        | <input type="checkbox"/> hypoglycemia         | <input type="checkbox"/> pregnant (now) |                                    |
| <input type="checkbox"/> chronic fatigue syndrome | <input type="checkbox"/> use of tobacco       | <input type="checkbox"/> other : _____  |                                    |

Please list areas that you carry tension, soreness, or pain (chronically, or recently):

\_\_\_\_\_  
\_\_\_\_\_

Do you have any of the following today?

- |                                    |  |                                   |                                      |
|------------------------------------|--|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> sunburn   | <input type="checkbox"/> inflammation/swelling | <input type="checkbox"/> headache | <input type="checkbox"/> cold/flu    |
| <input type="checkbox"/> skin rash | <input type="checkbox"/> open cuts             | <input type="checkbox"/> bruises  | <input type="checkbox"/> burns       |
|                                    |  |                                   | <input type="checkbox"/> severe pain |

What results are you expecting of your massage therapy session?

\_\_\_\_\_

In case of emergency please contact:

|            |                 |                    |
|------------|-----------------|--------------------|
| Name _____ | Phone No. _____ | Relationship _____ |
|------------|-----------------|--------------------|

All massages are therapeutic only and completely non-sexual.  
Please give 24 hours notice if you need to cancel an appointment.  
Full payment is expected for missed appointments.

Signature \_\_\_\_\_ Date \_\_\_\_\_